

The Herald

50p

March 2025



Reservoir Group of Churches



The Parish of
St Margaret, Downham with
St Peter, South Hanningfield and
St Mary the Virgin, Ramsden Bellhouse

www.downhamchurch.org.uk

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What's on when and where

Sunday 2 March - 1 before Lent

10.00am St Peter's South Hanningfield Holy Communion

11.00am St Margaret's Downham Family Service

Note: No service at Ramsden Bellhouse

Wednesday 5 March - Ash Wednesday

7.00pm *All Saints' Stock* Holy Communion &
Imposition of ashes

Sunday 9 March - Lent 1

10.00am St Mary's Ramsden Bellhouse Morning Prayer

11.00am St Margaret's Downham Sung Eucharist

Note: No service at South Hanningfield

Tuesday 11 March

7.00pm St Margaret's Downham Lent Course

Sunday 16 March - Lent 2

11.00am St Mary's Ramsden Bellhouse Group Holy Communion

Note: No services at Downham or South Hanningfield

Tuesday 18 March

7.00pm St Margaret's Downham Lent Course

Sunday 23 March - Lent 3

10.00am St Mary's Ramsden Bellhouse Holy Communion

11.00am St Margaret's Downham Sung Eucharist

Note: No service at South Hanningfield

Sunday 30 March - Mothering Sunday

※ A reminder that clocks go forward on 30 March ※

10.00am St Peter's South Hanningfield Group Holy Communion

Note: No services at Downham or Ramsden Bellhouse

Tuesday 1 April

7.00pm St Margaret's Downham Lent Course

Sunday 6 April - Lent 5

10.00am St Peter's South Hanningfield Holy Communion

11.00am St Margaret's Downham Family Service

Note: No service at Ramsden Bellhouse

From the ministry team

Deep Roots

There are many beautiful trees in and around our villages. One of my favourites has got to be the old Field Maple in St Margaret's churchyard. Oh the stories that ancient tree could tell!

All trees need deep roots, to get nutrients and water, and to give them strength and support, especially through our blustery winter storms.

People also need roots (of a different nature of course!). We root ourselves in our families, our friendship groups, and in our communities. These roots give us identity, love, and support. People to share the good times with, and people to help us and be there for us in the difficult times. We all need strong roots.

We may also root ourselves in faith and within a faith community.

Lent starts on 5 March; the 40 days of Lent (Sundays aren't included) mark the 40 days that Jesus was in the wilderness. He has just been baptised in the river Jordan and about to embark on his public ministry of teaching and healing. In the wilderness he is tempted by the devil with visions of power and riches. Jesus roots himself in words from the bible that remind him (and us) to rely on God alone.

For Christians, Lent is traditionally a time of fasting, prayer, and alms-giving, but it is also a season of deepening our understanding of the gospel—the good news of Jesus Christ. During these 40 days, we are called to reflect on Christ's sacrifice, His love for us, and the hope He offers through His death and resurrection.

In a world that often feels it is shifting quickly, deep roots that nourish and sustain us are important. May this season, whatever your faith, be a time to deepen your own roots, and may you know the deep rooted love of Jesus as we approach Easter.

God bless,

The Revd Jacqui

Reservoir Group Lent Course

The Revd Jacqui mentions that Lent is a season of deepening our understanding of the gospel. For our Lent course this year we will be spending some time with the four gospels: Matthew, Mark, Luke, and John. While they all tell the story of the life, death, and resurrection of Jesus Christ, they do so in slightly different ways. We will be considering a little of what we know of

their origins and original audience, but also considering how their similarities and differences can enrich our understanding of the Good New of Jesus Christ.

So if you have ever wondered why certain stories appear in more than one gospel, and why other stories and details are missing from some, then please do come along.

We will be meeting from 7.00 to 8.30pm at St Margaret's church, Downham, on Tuesdays 11 & 18 March, and 1 & 8 April.

Shrove Tuesday, Pancake Day

This year Shrove Tuesday falls on 4 March

Ever wonder why we eat pancakes just before Lent? The tradition dates back to Anglo-Saxon times, when Christians spent Lent in repentance and severe fasting.

So on the Tuesday before Ash Wednesday, the church bell would summon them to confession, where they would be 'shriven', or absolved from their sins, which gives us Shrove Tuesday. At home, they would then eat up their last eggs and fat, and making a pancake was the easiest way to do this. For the next 47 days, they pretty well starved themselves.

Pancakes feature in cookery books as far back as 1439, and today's pancake races are in remembrance of a panicked woman back in 1445 in Olney, Buckinghamshire. She was making pancakes when she heard the shriving bell calling her to confession. Afraid she'd be late, she ran to the church in a panic, still in her apron, and still holding the pan.

Flipping pancakes is also centuries old. A poem from Pasquil's Palin in 1619 runs: *"And every man and maide doe take their turne, And tosse their Pancakes up for feare they burne."*

Some people have noted that the ingredients of pancakes can be used to highlight four significant things about this time of year: eggs stand for creation, flour is the staff of life, while salt keeps things wholesome, and milk stands for purity.

Shrove Tuesday is always 47 days before Easter Sunday and falls between 3 February and 9 March.

Parish matters

Since January 2024 the legal body responsible for our three churches, St Margaret's Downham, St Peter's South Hanningfield and St Mary's

Ramsden Bellhouse is “*The Parochial Church Council of the Ecclesiastical Parish of Downham with South Hanningfield and Ramsden Bellhouse*”. This is a registered charity. At its meeting on 11 February, members of the PCC approved the accounts for 2024. These show income received for day to day activities, by the three churches of £71,530, but expenditure of £72,045, leaving a small deficit of £515. Copies of the accounts will be published once they have been examined by our Independent Examiner.

The PCC also agreed that the Annual Parochial Church Meetings (AGM) will take place at St Margaret’s Downham on Wednesday 28 May. We hope that the wider Church community will attend to hear what was achieved during 2024 and the challenges that face us going forward.

In preparation for the APCM we have to build a new parish electoral roll. As mentioned in the January edition of *The Herald* you can be on the electoral roll if you live in the parish, or if you habitually worship at any one of the three churches in the parish. In the next few weeks we will be contacting everyone who was on the old electoral roll and remains eligible, asking them to complete a new form. If you are not on the old roll, but qualify, please ask for a form.

From the registers

Downham

Funeral & Burial

11 February Jacqueline Blanche Hill

St Margaret’s Downham

Please note that there will be no service at Downham on Ash Wednesday, 5 March. Last year we hosted a joint Ash Wednesday service for the five churches in the Reservoir Group and this year it is the turn of All Saints’ Stock. We hope you will be able to join us there.

News from Downham School

“A good teacher can inspire hope, ignite the imagination and instill a love of learning.” (Brad Henry)

At Downham Church of England Primary School, our vision is: Inspiring Children to Soar to New Heights. Hopefully, each one of us can remember teachers who truly inspired us, opening up new worlds and opportunities. Those teachers – the ones who gave us more than academic instruction –

are the ones who are firmly lodged in our memories and hearts. When I look back to my own school days, certain teachers stand out and they are the teachers I have spent my career trying to emulate. However, as I look around the staffroom at Downham C of E Primary School, I see a new generation of heroes. Having taught at the school for almost twenty years now, I have been blessed to work alongside many wonderful colleagues who go above and beyond to support children and to challenge them to be the very best they can be. While we take academic progress and achievements very seriously, we also encourage the children with their sporting endeavours and many other interests. It is a joy to see children come tumbling into the classroom, bursting with energy after the early morning running club. Other children enjoy the calm of Colouring Club at lunch time, or are eager to share a whole new stream of vocabulary picked up at Spanish Club. Additional support with reading, music lessons, choir, football, tennis and knitting club also provide enrichment opportunities. The children are blessed to have such an inspirational team of adults around them at school who are always ready to go that extra mile for their pupils. However, as teachers, we are equally blessed to be surrounded by such enthusiastic and energetic students who are so willing to be inspired!

Lynne Boyd

RE and Collective Worship Leader
at Downham Church of England Primary School

Downham WI

I have made a conscientious effort to get my report in this month, having failed to do so for February's edition.

We had a social meeting in January with homemade soup and French bread and finished off with a quiz. What great fun we had and the members enjoyed catching up after the festivities.

We are looking forward to our guest speakers in the coming months on our members' meetings which are held on the third Tuesday of each month at 2.00pm.

The Tuesday club continues to thrive for our WI members (10.00am-12.00noon). We are already discussing new projects for the year together with our knitting, art & craft and a good natter over tea and coffee.

On Tuesday 29 April we will be holding a bring and buy sale at Downham Village Hall with tea, coffee and cake available. It will commence at 10.00am until 12.00noon. The fundraising for our charity this year is the Guide Dogs

which are all self funded by donations. Please come along and support. Everyone is welcome.

Wendy

St Mary's Ramsden Bellhouse

Already over a month has gone of this year and Pauline and I have been thinking ahead to what we can do this year at St Mary's in the way of social and fundraising activities. The following events are planned. Please make a note of the dates in your diary. Further details will be published in *The Herald* in due course.

26 April Coffee Morning

31 May Coffee Morning

14 June Strawberry Tea in the village hall

28 June Coffee Morning

12 July Flower Festival and concert

27 September MacMillan Coffee Morning

The three coffee mornings in April May and June will be held in the churchyard weather permitting to raise money towards the cost of the flowers for the flower festival. We are indebted to Gail Carpenter has offered to organise the concert and also the flower festival with the help of the flower arranging ladies.

Congratulations to Gillian Millane

We have just learned that local resident Gillian Millane was awarded the OBE in the New Year's Honours for services to Charitable Fundraising and Tackling Violence Against Women.

Beryl & Pauline

Ramsden Heath Social Club

Our regular monthly BINGO NIGHT will be on Friday 7 March at 8.00pm.

Just £1.00 to play plus £2.00 for each book you would like to play with. All ages welcome.

FREE tea/coffee/biscuits at the half-time break, but please feel free to bring other drinks/snacks of your own.

Next up we have a WINE TASTING EVENING on Saturday 22 March also at 8.00pm.

Book a table of 8 people max or join a table on the night.

Tickets (to be purchased in advanced please) are priced at £7.00 for Members, £10.00 for Guests

There will be a few wine related questions to test your knowledge throughout the evening.

As well as an assortment of wines to try there will be some soft drinks available & cheese/biscuits.

Please feel free to bring along any other drinks & snacks of your own.

All our events take place in Ramsden Heath Village Hall, Dowsetts Lane.

For more information/tickets please contact:

Dave Quinney on 07950 309524 or Dave Charlton on 07940 540819

Community Cuppa & Cake afternoon

Ramsden Heath Village Hall

Dowsetts Lane CM11 1HX

11 March 2.00 to 4.00pm

It is always great to see so many coming along to our Coffee Afternoons to enjoy a cuppa for 50p and £1.50 for a bit of homemade cake. We have managed to raise another good sum of £200 and this will be going to the Men's Dementia Shed in Lake Meadows in Billericay. Thank you all so much.

On 11 March we will be celebrating 15 years of Ramsden Cupcakes running Coffee Mornings/Afternoons firstly at the Christian Growth Church and now at the Village Hall and we seem to go from strength to strength. As usual we will let you know what your money has been spent on since March 2024 and think you will be pleasantly surprised.

Everyone is welcome

Ramsden Cupcakes

Ramsden Heath Horticultural & Allotment Society

Our monthly meetings are held at Ramsden Heath Village Hall,

Dowsetts Lane,

on the first Thursday of the month

Remember the new start time – 7.30pm

Now that the worst two months of the year are over we can start looking forward to Spring, and already there are green shoots on the shrubs and bulbs are sprouting eagerly.

Our AGM on 6 February was very well supported with 54 people in attendance. After the formalities everyone enjoyed a cheese and wine buffet. The Banksian Medal this year was awarded to Jenny Tillyer, who scored the most points in all the entries. Congratulations Jenny.

We now look forward to our Spring Show on Saturday 12 April. Keep an eye on the Unity Bulbs, to make sure they are either showing signs of life or, if they are too keen, put in a dark corner to slow them down. Can't have them peaking too early! More information next month.

Before that we have a meeting on Thursday 6 March. Our speaker is our old Horticultural Society friend, George Lockwood, this time he is talking on 'Flowering plants from midsummer onwards'.

There will also be our usual mini show. This will take place before our speaker starts at 8.00pm. The categories are vegetables, bulbs and flowers which gives you plenty of scope to find something in your garden or greenhouse which applies and is looking good.

South Hanningfield Parish Allotments

Heath Road
Ramsden Heath
CM11 1LZ

There are currently some vacant allotment plots

Annual subscriptions are £45 for parish residents
or
£65 for non-parish residents

A holding deposit of £100 is also required
and this is refundable when you surrender your plot
(so long as it is left in a tenable condition)

If anyone is interested, please contact:
Julie Moule (Parish Clerk)
Tel: 01268-710820 / 07985-430365

St Peter's South Hanningfield

Up and coming events for St Peters:

Save the date Friday 9 May for the annual Quiz night and the Flower Festival 6 to 8 September. More details to follow in the next edition of *The Herald*.

Oak processionary moth

Oak trees in the South Hanningfield area are being affected by a serious pest called the oak processionary moth and we are aware that at least one tree in the churchyard has been infected.

The caterpillar of this moth not only strips oak of their leaves but also poses a considerable risk to animals and humans. The caterpillars have fine hairs which can cause itchy rashes, eye and throat irritation and occasionally respiratory problems. Although the greatest risk period is May to July these irritant hairs are still present in old nests which remain on trunks and branches and should always be avoided.

By the time this copy of *The Herald* reaches you we should have received a visit from specialist contractors employed by The Forestry Commission who will be dealing with the infection in the churchyard and in the wider area. Please be aware of any warning notices displayed and keep away from the infected trees.

South Hanningfield Village Coffee Mornings

We would like to thank everyone for their continued support of the South Hanningfield Village monthly coffee morning. This has enabled us to give a donation of £390 to St Peters church towards on going maintenance. This matches the amount of money we have given to the Village Hall over the last year. We have also been able to buy some more lovely mugs for us all to enjoy as we drink our coffee!

If anyone would like to help with the coffee morning please let us know - look forward to seeing you all soon.

The coffee morning team

Sandra, Glive, Anne-Marie and Sascha

South Hanningfield Village Hall

South Hanningfield Charity Ball at Stockbrook Manor A big Thank you to everyone that came along to our (now annual) Charity Ball. The feedback we have had has been outstanding. A great night was had by everyone. We

raised a staggering £2,920.40!!! This will be split between St Peter Church, South Hanningfield and South Hanningfield Village Hall A big thank you for donating Auction prizes: Stockbrook Manor for hosting a fabulous evening and donating; Safe-and Sound-mobile who donated two Auction prizes and Bennetts British Superbike Championship VIP tickets. We are also grateful to the fabulous businesses for our Raffle prizes: Stephens Bouquets; Skin 44; Bark Park; Secrets Hair Salon; Rhaiana Jarmy Art; Royal Tiger Restaurant; the Bell & Chimes Restaurant and the wonderful other people who donated raffle prizes.



More photos from the event can be viewed on the website
<https://e-voice.org.uk/electroencephalographic>

Our next events for this year are:

St Patrick's Ceilidh We are holding a Ceilidh Dance on Saturday, 15 March, doors will open from 7.00pm. The Yardarm Ceilidh Band will be in attendance, with a caller to show dancers the steps to the music. Tickets cost £8 per person, cheap bar open and there will also be a Raffle. For further information and to book, email vallisc@aol.com or phone 07891 653238.

St George's Day We have booked Chas and Dave tribute act for Friday, 25 April, doors will open from 7.00pm. Tickets are £15 each and bring your own drinks and food. To book, please call Sandra on 07396 546050 or email shvhall@gmail.com Further details to follow in the next Herald.

To commemorate the 80th Anniversary of VE Day, the village hall is hosting Wartime Newsreels on Thursday, 8 May, using funding from National Lottery Community Fund. Free event. Further details to follow in the next edition of *The Herald*.

South Hanningfield Summer Show on Saturday, 12 July from 12.00noon to 6.00pm. This year, it will be the 40th Anniversary year of the rebuilding of South Hanningfield Village Hall so there will be even more reason for a celebration and bringing the local community together. This Free Entry village event will be outside either on the tye green (by kind permission of South Hanningfield Parish Council) or in the field beside the village hall by kind permission of the landowner. The village hall will also be open to showcase its use on that day. There will be local entertainment as well as various crafts, traders, community stalls, children's activities and food and drinks stalls. Thank you to Pronto Training who will be sponsoring their First Aid services on the day of the event. If anyone would like a stall space, could provide entertainment or help in anyway, please let Clive know on email vallisc@aol.com or phone 07891 653238. Further details of the Summer Show will be in future editions of *The Herald*.

Magic Evening on Saturday, 27 September, doors open from 7.00pm. The tickets cost £8 each adult and £3 for children over 10 years. Bring your own drinks and snacks. There will also be a Raffle. For further information, email vallisc@aol.com or phone 07891 653238.

Christmas Fayre on Saturday, 22 November from 10.30am to 4.00pm. There will be lots of Christmas crafts and gifts on sale as well as festive refreshments and a Raffle. Free entry. Further details about the Christmas Fayre will be in future editions of *The Herald*.

Raffle Prizes needed If anyone has any suitable items that could be used as Raffle prizes, please can you donate them to us which would be used at future fundraising events for the hall. The committee would be very grateful.

No Parking on Pavement by Hall South Hanningfield Village Hall Management Committee requests that vehicles don't park up on the pavement outside the village hall because of the health and safety risks. Please alert the volunteer committee if you see such vehicles parked in this way outside the hall on 07891 653238.

Mobile Library

The Mobile Library visits South Hanningfield Village Hall every three weeks. Day of visit: Tuesday Time of visit: 11.25pm to 11.55pm (change of time)
Next visit date is 11 March.

Regular Activities

Coffee Morning

Second Wednesday of each month from 10.30am – 12.30pm
Wednesday, 12th March

Please call the listed contacts below to book a place.

Pilates & Keep Fit

Monday 9.45am – 10.45am

Thursday 10.30am – 11.30am

Contact Hayley on 07758 427379

Strollercise Dance

Monday 11.15am – 12.15pm

Tel: 07952 791183

Email: lynne.strawford@sky.com

No booking is required, just turn up.

Puppy Dog Training Classes

Monday from 6pm and 7pm

Dog training for puppies of all ages

Contact Rachel on 07484 706085 or

email Rachel@PuppyPotentialDogTraining.co.uk

Karate and Kick Boxing

Tuesday evenings:

5.30pm Children's Karate

6.30pm Advanced Children's Karate

7.30pm Senior Karate

7.30pm Kick Boxing

** Free first classes at all sessions **

Phone number to contact for Leah and Richard is 07934 213010

1-1 Ballroom and Latin lessons

and wedding dance lessons available with Callie every Wednesday afternoon and evening from 3.00pm £30 for a 45-minute lesson.

Please contact Callie on 07885 630241

Yoga and Zumba Thursday night

Zumba 6.30pm to 7.20pm and Vinyasa Flow Yoga 7.30pm to 8.30pm.
Pay as you go.

Tel: Charlene on 07772 443028 or email info@sakurayogastudios.co.uk

Upholstery Class

Friday morning 9.30am – 1.00pm Contact Fiona on 01621 776586 or 07887 507208

Zumba Saturday mornings

Zumba 9.20am to 10.20am Pay as you go

Tel: Charlene on 07772 443028 or email info@sakurayogastudios.co.uk

If you would like to book the South Hanningfield Village Hall for any regular activities or events, please call Sandra Graves, our Bookings Secretary on 07396 546050 or email shvhall@gmail.com to check availability and prices.

Please continue to support our local village hall in 2025 and if there are any other ways you can help us, let us know. Please contact the Chairman, Clive Vallis for further information on 07891 653238.

Website <https://e-voice.org.uk/shanningfieldvillagehall>

Facebook page <https://www.facebook.com/southhanningfieldvillagehall>

All in the month of March

It was:

250 years ago, on 23 March 1775 that Patrick Henry, a Founding Father of the United States, gave a famous speech at the Second Virginia Convention. He called for America's independence from Britain, saying "Give me liberty or give me death!"

175 years ago, on 5 March 1850 that the Britannia Bridge linking Anglesey and mainland Wales across the Menai Strait was officially opened. Designed and built by railway engineer Robert Stephenson, it had to be replaced after a disastrous fire in 1970.

150 years ago, on 7 March 1875 that the French composer Maurice Ravel was born. Best known for Bolero.

125 years ago, on 28 March 1900 that the British archaeologist Arthur Evans began excavating the ancient city of Knossos, capital of the Minoan civilisation, in Heraklion, Crete. Knossos is regarded as the oldest city in Europe. It was abandoned (unknown reasons) more than 3,000 years ago.

SOUTH HANNINGFIELD VILLAGE HALL

CEILIDH to celebrate St. Patrick's Day



Saturday, 15th March 2025

Doors open from 7pm

with **The Yardarm Ceilidh Band**

Ceilidh dancing with a Raffle,
Cheap bar open

For tickets or more information
scan the QR code or
Email: vallisc@aol.com
Phone: 07891 653238



**TICKETS £8
PER PERSON**

Céad Míle Fáilte

South Hanningfield Village Hall,
South Hanningfield Road,
Chelmsford, CM3 8HL
Registered Charity No. 301402



100 years ago, on 21 March 1925 that Murrayfield Stadium in Edinburgh was officially opened.

90 years ago, on 16 March 1935 that driving tests were first introduced in Britain. Three days later, on 19 March, a speed limit of 30 mph in built-up areas was also introduced, under the Road Traffic Act of 1934.

80 years ago, on 24 March 1945 that Operation Varsity took place in Wesel, Germany. The last airborne deployment of WWII, involving more than 16,000 paratroopers and thousands of aircraft. Allied victory.

70 years ago, on 11 March 1955 that Sir Alexander Fleming, Scottish bacteriologist died. Joint winner of the 1945 Nobel Prize in Physiology or Medicine for discovering penicillin

60 years ago, on 8 March 1965 that the first US troops arrived in Vietnam. This marked the beginning of the USA's main involvement in the war.

Also 60 years ago, on 18 March 1965 that Soviet cosmonaut Aleksei Leonov became the first person ever to make a spacewalk.

50 years ago, on 26 March 1975 that the Biological Weapons Convention came into effect. This multilateral disarmament treaty banned the development, production and stockpiling of all biological and toxin weapons.

40 years ago, on 3 March 1985 that British miners voted to return to work after a year-long strike over pit closures and job losses.

30 years ago, on 2 March 1995 that the 'rogue trader' Nick Leeson was arrested for his role in the collapse of Barings, Britain's oldest merchant bank. Four days later, on 6 March, the Dutch bank ING purchased Barings, for the nominal price of £1.

Also 30 years ago, on 26 March 1995 that the Schengen Treaty came into effect in the European Union. Seven nations (Belgium, France, Germany, Luxembourg, the Netherlands, Portugal and Spain) eliminated their internal border controls and tightened their external borders.

20 years ago, on 10 March 2005 that Dave Allen, Irish comedian, died.

10 years ago, on 12 March 2015 that Terry Pratchett, British fantasy novelist best known for his Discworld series, died of Alzheimer's, aged 66.

Also 10 years ago, on 24 March 2015 that the Germanwings Flight 9525 crashed in the French alps, killing all 150 people on board. An investigation found that the co-pilot had deliberately caused the crash. His doctor had declared him unfit to fly due to suicidal tendencies, but he had reported for work anyway.

Changing a light bulb is a generational thing

Do you know how to clean a car, change a lightbulb, hang a picture and identify a spanner? If yes, then chances are that you are a Baby Boomer (1946-1964) and not a Gen Z (1997-2012).

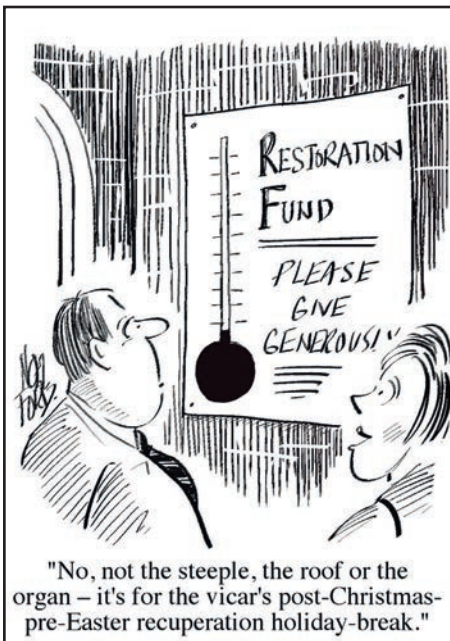
For recent research has found that some Gen Z are paying up to £1,300 a year for simple household tasks to be done, because they don't want to tackle them.

Changing a light bulb? Gen Z worry that a step ladder can be dangerous, and that the bulb might be "too hot". They do not want "to mess around with electrics."

Hanging a picture frame? Add air to a car tyre? Identify a spanner? Fit a wiper blade? Clean a car?

The list of practical jobs is endless, and huge numbers of Gen Z get round them by asking a parent or even paying a professional, to do it.

The research was commissioned by Halfords. It concluded that DIY may sadly be a dying skill, because too many Gen Z-ers are simply not practically minded.



Rainbow Gardens
GARDEN AND DRIVEWAY
LANDSCAPING SERVICES

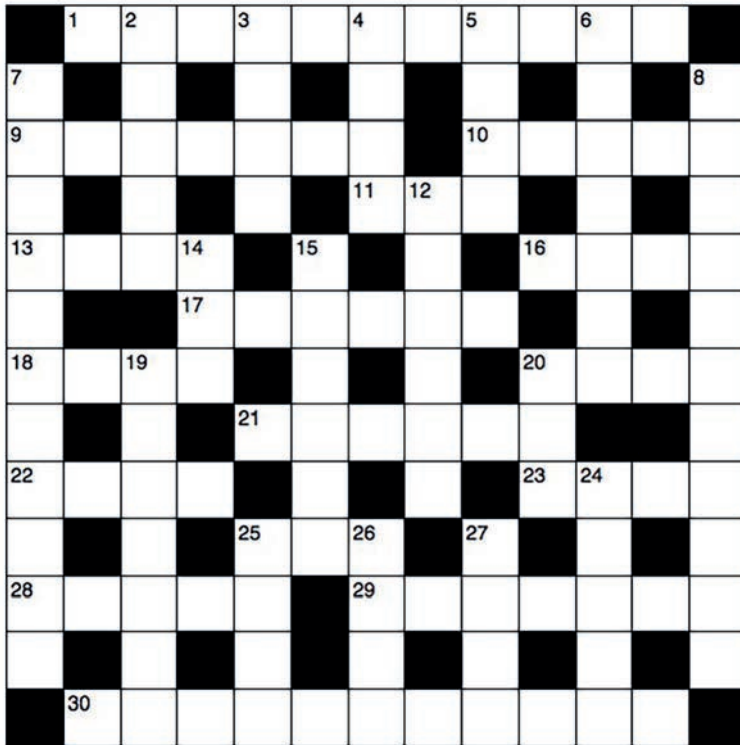
Local, family-run landscaping specialists for 30 years.

- ✓ Block paving | patios decking | brickwork
- ✓ Artificial lawn fencing | turf digger and driver

Contact Shaun
07946 730364

www.rainbowgardens.co.uk

Puzzle corner



Across

- 1 These letters come between Romans and Galatians (11)
- 9 'You will not — me to the grave' (Psalm 16:10) (7)
- 10 King of Moab to whom the Israelites were subject for 18 years (Judges 3:14) (5)
- 11 Town possessing mineral spring (3)
- 13 Mede (anag.) (4)
- 16 High-fidelity (abbrev.) (4)
- 17 He succeeded his father Rehoboam as king of Judah (1 Kings 14:31) (6)
- 18 A son of Simeon (Genesis 46:10) (4)
- 20 Controversial religious book of the 1970s, The — of God Incarnate (4)

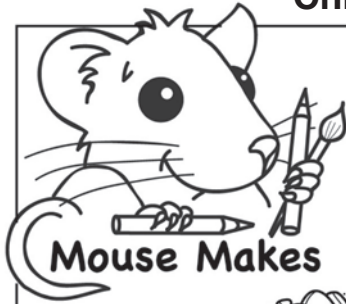
- 21 'He has received from the Father the promised Holy Spirit and has poured out what you — — and hear' (Acts 2:33) (3,3)
- 22 'You — me together in my mother's womb' (Psalm 139:13) (4)
- 23 Edit (anag.) (4)
- 25 'Who has believed our message and to whom has the — of the Lord been revealed?' (Isaiah 53:1) (3)
- 28 Abraham's brother (Genesis 22:23) (5)
- 29 'When Mordecai learned of — that had been — , he tore his clothes' (Esther 4:1) (3,4)
- 30 Sympathetic (Proverbs 11:16) (4-7)

Down

- 2 'That was why his parents said, "He is — — ; ask him"' (John 9:23) (2,3)
- 3 Integrated Services Digital Network (1,1,1,1) 4
- 4 'Saul has slain his thousands, and David his — of thousands' (1 Samuel 18:7) (4)
- 5 Concept (John 8:14) (4)
- 6 'Do we, then, — the law by this faith? Not at all! Rather, we uphold the law' (Romans 3:31) (7)
- 7 Industrious (2 Timothy 2:6) (11)
- 8 'I pray also that the eyes of your heart may be — in order that you may know the hope to which he has called you (Ephesians 1:18) (11)
- 12 'Out of the same mouth come — and cursing' (James 3:10) (6)
- 14 This was how many of the Jewish leaders described Jesus (John 10:20) (3)
- 15 Vitality (Job 20:11) (6)
- 19 He urged David to kill Saul at Hakilah (1 Samuel 26:8) (7)
- 20 'So for a whole year Barnabas and Saul — with the church and taught great numbers of people' (Acts 11:26) (3)
- 24 'Hear, O Israel: The Lord our God, the Lord — — '
- (Deuteronomy 6:4) (2,3)
- 25 Parched (Matthew 12:43) (4)
- 26 'In the image of God he created him; — and female he created them' (Genesis 1:27) (4)
- 27 Disparagement (Psalm 15:3) (4)

Answers on page 33

Children's pages



THE TEMPTATION OF JESUS

After Jesus was baptised who led him into the wilderness?

 Luke 4:1



For how many days was Jesus tempted by the devil?

 Luke 4:2

What did the devil tempt Jesus to turn a stone into?

 Luke 4:3

What happened after the temptation of Jesus?
 see Luke 4:14-15

Who did Jesus say you should ONLY worship and serve?

 Luke 4:8



READ
 the story in
Luke 4:1-13



Jesus said not to put the Lord your God to the...

 Luke 4:12



JESUS • LED
 WILDERNESS
 DESERT
 TEMPTATIONS
 DAYS • DEVIL
 HUNGRY • SON
 STONE • ROCK
 KINGDOMS
 WORLD • GLORY
 WRITTEN
 SCRIPTURE
 WORSHIP • ONLY
 SERVE • LORD
 JERUSALEM
 HIGH • TEMPLE
 THROW • DOWN
 JUMP • ANGELS
 HANDS • HOLD
 LIFT • FOOT

R	W	O	R	S	H	I	P	H	A	N	D	S	D
L	I	F	T	W	P	A	H	D	J	U	M	P	A
E	L	O	R	D	K	I	O	E	D	O	S	E	Y
D	D	O	A	N	G	E	L	S	E	K	T	M	S
F	E	H	U	N	G	R	Y	E	B	R	O	C	K
O	R	E	J	E	S	U	S	R	Y	O	N	L	Y
R	N	S	S	C	R	I	P	T	U	R	E	U	H
T	E	M	P	T	A	T	I	O	N	S	G	T	S
Y	S	T	D	S	J	E	R	U	S	A	L	E	M
B	S	H	O	E	H	K	I	N	G	D	O	M	S
R	F	R	W	R	I	T	T	E	N	E	R	P	O
E	O	O	N	V	G	G	O	C	E	V	Y	L	N
A	O	W	V	E	H	O	L	D	K	I	W	E	
D	T	E	S	T	V	D	W	O	R	L	D		

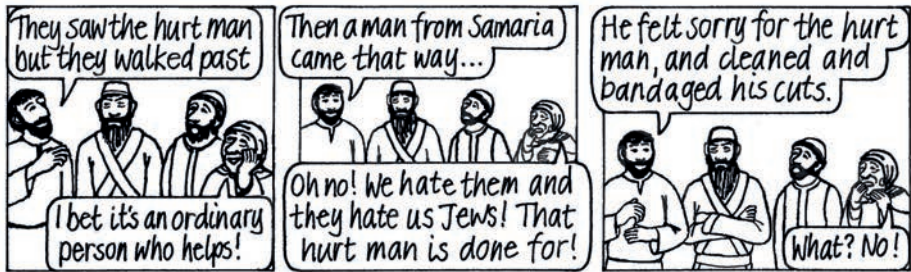
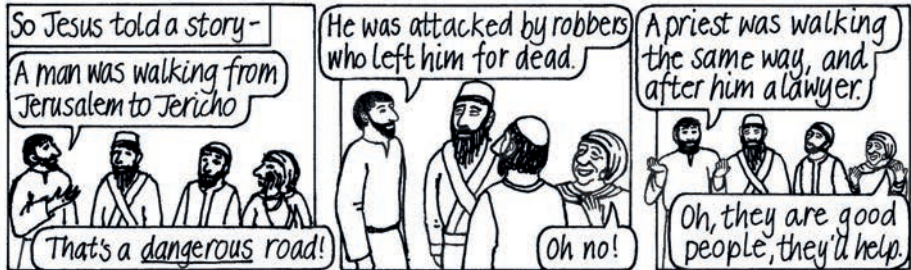
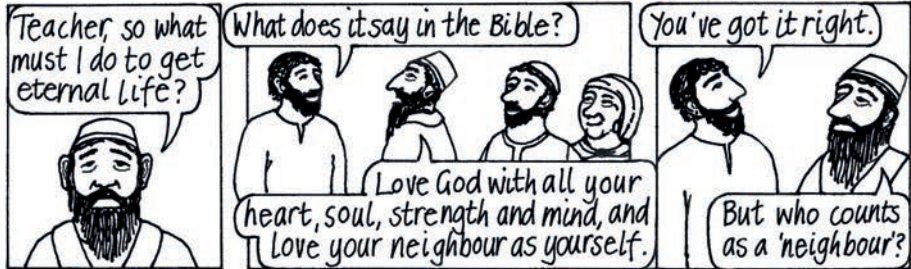


Bible Bite

A short story from the Bible

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Luke 10:25-37

An expert in the Law of Moses wanted to test Jesus' knowledge of the laws in the Bible, so he asked Jesus a question.





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Beware of these contagious diseases in church

Frontophobia: A morbid fear of the front seats in church. The sufferer is struck by an attack just inside the church door, and so collapses in the nearest back seat.

Ear Frequency Destruction: Caused by sitting near the loudspeaker when the minister is singing full volume, off-key, etc., into the microphone.

Sermonic Throat: A dreaded choking caused by the start of the sermon. The sufferer unwraps a sweet very slowly and noisily, which seems to effect a complete cure.

Double Auricular Clearance: A condition due to the simultaneous opening of both ear ducts, which allows sound to enter one ear and leave the other without any absorption thereof. Condition is acute during Bible reading and sermon.

Accelerated Vocal Response: A condition which causes the sufferer to try to sing faster than the organ.

Retarded Vocal Response: A condition which causes the sufferer to try to sing slower than the organ.

Theexits: A condition where the sufferer rushes for the exit before the minister gets there.

Church Meeting Paralysis: This can strike suddenly, when a post in the church needs filling. A good dose of enthusiasm works wonders with this sad affliction.

Miscellaneous observations on daily life

- A bank is a place that will lend you money if you can prove that you don't need it.
- A healthy adult consumes each year one-and-one-half times his own weight in other people's patience.
- A pun is the lowest form of humour - unless you thought of it yourself.
- Based on my calculations, I can afford to retire five years after I die.
- Birthday cake is the only food you can blow on and spit on, and still everybody rushes to get a piece.
- Coffee: starter fluid for the morning impaired.
- I recently decided to sell my vacuum cleaner - all it was doing was gathering dust.
- My dog will eat anything until you put a pill in it. Then he's Gordon Ramsey.

Contacting The Herald

Contributions to the April edition

Copy for the next edition of The Herald should be sent by email to Robert Andrews at theherald@downhamchurch.org.uk by **Thursday 20 March**. Please send files in .doc, .docx or .rtf format. Because we wish to maintain a common house style please keep any formatting to an absolute minimum and do not embed photographs or other artwork. If you wish to include photographs or other artwork they should be sent separately in .jpeg or .pdf format. If you are unable to use email or are unsure about file types please telephone Robert on 01268 733817, but be aware that the telephone line has BT Call Guardian installed to deter nuisance callers, therefore you may have to announce your name and press the # key in order to be put through.

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All general enquiries about advertising should be addressed to Mike Roome on 07770 795388 or email advert.theherald@downhamchurch.org.uk

Advertising rates are currently:

Full page	£100 for 12 insertions
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If you have existing artwork your advertisements should be emailed to advert.theherald@downhamchurch.org.uk preferably in .jpeg or .pdf format. If you wish us to produce artwork for you this can be arranged for a small one-off fee.

Answers to the Crossword puzzle

ACROSS: 1, Corinthians. 9, Abandon. 10, Eglon. 11, Spa. 13, Deem. 16, Hi-fi. 17, Abijah. 18, Ohad. 20, Myth. 21, Now see. 22, Knit. 23, Tide. 25, Arm. 28, Nahor. 29, All done. 30, Kind-hearted.

DOWN: 2, Of age. 3, ISDN. 4, Tens. 5, Idea. 6, Nullify. 7, Hardworking. 8, Enlightened. 12, Praise. 14, Mad. 15, Vigour. 19, Abishai. 20, Met. 24, Is one. 25, Arid. 26, Male. 27, Slur.

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